



It's time for benefits with real impact

HEALTH-LED BENEFITS, FOR EVERYONE

Why Heka?

The only employee benefit platform focused on health and productivity, Heka curates benefits that make teams high performing by helping people sleep better, eat better, and perform better.

Ultimately flexible, Heka supports user to achieve their health goals, whatever they look like, so customers see an impact on their bottom line with higher performing teams, less sickness, and lower employee turnover. And because Heka focuses on holistic and preventative health, **no other single employee benefit has this level of impact on teams.**

Health assessments & screenings

Mental health support

Fitness and movement

Early medical interventions

Nutrition support and guidance

Fertility & menopause support

Everyday health

Financial wellbeing

Proactive health support

If you're feeling the pressure to implement Private Medical Insurance, ask yourself: what do people actually want? **So much of what people require shouldn't be a PMI claim:** over 70% of PMI claims are for 'everyday health' like private GP and physiotherapy, which are covered at a significant cost saving via Heka.

Heka focuses on proactive health and wellbeing, encouraging people to resolve their health concerns before they become bigger issues.

How does it work?

Companies set an allowance on Heka for employees to use to support their wellbeing journey, from gym memberships to therapy, nutrition support to mindfulness, outdoor activities to fertility test, and everything in between.

Everyone is healthier, and higher performing, with Heka.

"We couldn't live without Heka, I genuinely don't know how we would do it, we would be lost!"

People Director, architecture firm , Heka customer for 5 years



The Real ROI of Personalised Health-led Benefits

ALL IN ONE PLACE

Heka Makes Companies More Productive

By promoting individual health, Heka:

- Makes companies more profitable
- Reduces employee turnover
- Minimises absences

Plus HR get consolidated data to prove ROI & see what employees actually want.

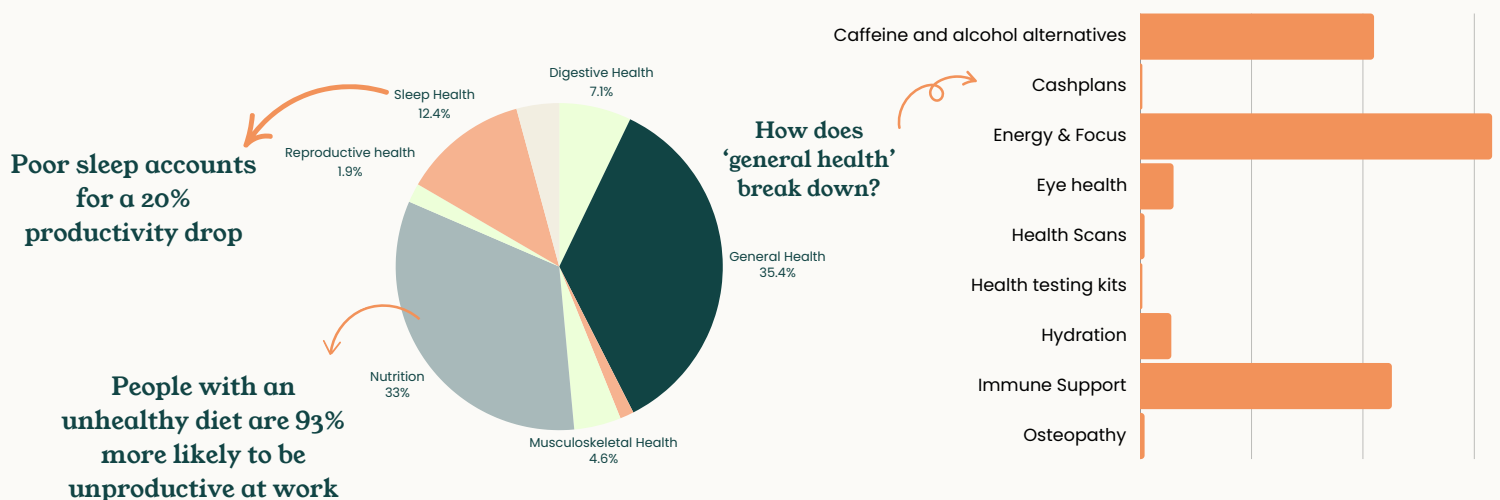
93% Of employees say Heka makes them **healthier**

97% of HR teams say Heka helps them achieve strategic goals

82% of Heka customers grew their headcount year on year

Heka's impact is **immediate**

Heka data over 5 months shows the impact of Heka in even a short time frame. Heka makes people eat better, sleep better, and perform better; the data speaks for itself. The sooner you join Heka, the sooner you'll start building higher performing teams, reducing sick days, and seeing the impact on your bottom line.



“Heka has it all.”

People Director, WPP

People want higher energy and more focus. They are reducing their dependency on alcohol and caffeine, and building strong immune systems. All of this equates to higher performance, more productive teams, and a significant reduction in sick days.